

Miracle of Ganoderma

**Cut Your Medical Bills dramatically, Reduce
Stress & Prevent the Ageing Process**

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From R.G. Srinivasan

Hi,

Thanks for downloading '**Miracle of Ganoderma**'.

I have never been more impressed by a product than this miraculous King of Herbs, nor by a business opportunity such as the one offered by DXN. A true combination of products which the modern society needs very badly and a business which is just right for the times. More than anything else the marketing plan is so well suited to the ordinary person who aspires for a high income without the risk and investments. The uniqueness is that there are no demotions and one can only go higher in the business if you just spend a few hours a week.

Just a few words about what to expect from this eBook. This is not a theory or fluff but high quality information culled from various research documents. I have myself been using the products extensively and benefited by the incredible health results.

I urge you to spend 15 minutes of your time reading it carefully. I guarantee you; you will not regret the investments of your time.

Though I would have normally charged \$ 10 for this report, I am bringing it as a free eBook. I am keen to spread the awareness about the product so that all may benefit out of it.

R.G. Srinivasan

www.home-businessresources.blogspot.com

Anti aging with Ganoderma

How an Ancient Chinese herb is revolutionizing anti aging nutrition, reducing stress and creating peak health

What are the origin & history of Ganoderma

The herbal history of Ganoderma has long been documented in the Chinese Pharmacopoeia written in the 1st century B.C. This Book well known as 'Shinnoh Honshokyo' is now accepted as the original textbook of Oriental medical science. The Reishi herb is called one of the "Most Important Elixirs in the Orient" Relatively rare as it grows in densely wooded mountains of high humidity and dim lighting, that too only on fallen trees – 3 or 4 trees out of 10,000 fallen trees, it was searched for and provided only to emperors.

As recent as 20 years back Reishi was still considered rare and not found easily. Only from 1970 did the veil of secrecy begin to be lifted with various scientists beginning to research the medicinal properties of ganoderma. The research mainly by Chinese and Japanese and the analysis and clinical experiments done by hospitals, collages and pharmaceutical manufacturers, has clearly established the extensive efficacy in the healthy functioning of almost every part of the body. It is truly the cellular nutrition required by the modern day man.

Dr Lim Sio Jin of Malaysia researched the cultivation and medicinal qualities of this herb for almost 20 years and considered a pioneer in growing the Reishi with a patented method. These products are available under the DXN brand and can be purchased directly through its distributors.

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I still don't understand how it can help me?

The human body is uniquely designed to fight off all disease and disorders if we equip it properly. Taking DXN's Ganoderma capsules RG & GL benefits in the following ways:

- *Works on Cell level – on the entire body*
- *Protects the body from Diseases as well as disorders*
- *Gives Health Vigor & Vitality*
- *Reduces stress, retards ageing process and increases life span*
- *Effective for all ages – from womb to tomb*
- *Suits anybody and everybody*
- *Has no interaction with other lines of treatment. It complements the same.*
- *Overcomes side effects of other medications and relieves patients*
- *No diet restrictions. Liberal dosage schedule; mega dosages not harmful at all*
- *No side effects. No addictions*

What are the medicinal benefits of ganoderma?

While the medicinal benefits of Ganoderma are well researched and documented by various scientists, the consumption is not prescriptive or disease specific and taken as a food supplement due to its very nature of assisting the body to heal itself. It has been used in curing various diseases like diabetes, liver disorders, insomnia, gastric ulcers, neurasthenia, arthritis, asthma, bronchitis, hypertension, allergy related problems...in fact doctors have researched the entire spectrum of diseases including HIV with beneficial results.

However a note of warning to the lay person. It is not a replacement for your current line of treatment. It is an adjuvant therapy which can help your body work the way it is supposed to work in sloughing off toxins and healing itself. What ganoderma does for you will be specific for YOUR body. Your body is your own best doctor - If you have a splinter in your finger, if you leave it there instead of remove it, eventually the body will force it out of your skin. When you have an illness, your immune system goes to work to kick out the reason you are feeling ill. DXN's ganoderma products act to help your body work the way it is *supposed* to work. It helps your body kick out all the toxins that are making you feel bad, and it also boosts your immune

system so that your body can heal itself. Ganoderma does nothing more than help your own body do its job.

What are the medicinal components of Ganoderma?

It has more than 250 active medicinal components. Some of the more notable ones are:

A. Polysaccharides:

- Strengthen the natural healing ability of the body
- Reduces blood sugar levels and assists pancreatic functions
- Helps to cleanse toxic deposits from the body
- Strengthen cell membrane
- Increase oxygen carrying capacity of red blood cells

B. Organic Germanium:

- Increases the oxygen content in the body
- Regulate the balance of electrical charges in the body
- Remove abnormal electrical charges found around abscess cells

C. Adenosine

- Lower cholesterol level in the blood and the amount of free fat
- Improve adrenal glands to maintain endocrine balance
- Regulate metabolism for a youthful and energetic feeling

D. Triterpenoids

- Enhances digestive system
- Prevents allergy caused by antigens
- Reduce cholesterol and neutral fat in the body
- Activate the nucleus of body cells

E. Ganoderic Essence

- Can overcome skin diseases
- For beautification of skin
- Can be used for external application of skin disease
- mouth ulcers and external wounds
- Rejuvenates the body tissue

Are there any side effects of using Ganoderma?

Absolutely none and it is one of the safest food supplements without any limitation of dosage. The recent medical concept of Adaptogen for which a Nobel Prize was awarded, describes any substance that is

- Non Toxic
- Not limited to any special organs or tissues
- Has overall normalizing effect

Ganoderma has been called the king of adaptogens. The adaptogen concept aims to cure by normalizing all body functions. It holds the notion that unless everything is put into its right track, there can be no complete cure. Since Ganoderma is an adaptogen that normalizes the body functions and with no side effect, it can cure be used as a preventive therapy.

R.G. Srinivasan is an independent Distributor and member of DXN a world renowned manufacturer of Ganoderma with proprietary technology. You can join the business or just use the products by becoming a member anywhere in 53 countries by going to a DXN center in the nearest town and quoting the following information:

**Sponsor Name: R.G. Srinivasan
Sponsor ID: 099549770**

**For more information
<http://globalhealthnetwork.tripod.com>
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THE HOLISTIC PATH TO ANTI AGEING & FITNESS

World Health Organization has observed that the world is ageing very fast and the older people far outnumber the young especially in the west. As the world is ageing rapidly, more and more people are dying of age related disorders and obesity. Anti-ageing and fitness is not just an issue any more of shedding a few pounds and pumping up the muscles temporarily and losing it all the moment we stop whatever program we are in. It is an issue of being productive even as we advance in age. It is a total lifestyle change involving the body, mind and spirit.

The systemic approach of the modern science has spawned the huge sickness industry which while bringing relief from many complex diseases does not address the fundamentals of wellness which is prevention. The progress of medical science does bring relief from pain and to some extent healing which is however a natural mechanism of the body aided by medicine. Given sufficient time and proper nourishment the body is able to address the problem and heal by itself.

The basis of all ayurvedic and natural therapies of ancient times were based on the simple principle of assisting and providing the body with natural and organic nutrients to stimulate the biological mechanism towards total healing instead of just addressing the symptoms. The role of various herbs especially herbs like Ganoderma rich in anti oxidants and over 200 components with healing properties cannot be over emphasized.

The ancient system is an integrated system to create wholeness in body, mind and spirit. One without addressing the other aspects could only address part of the problem. This is true of the modern medical system which addresses the physiology and not the mind and the spirit. A complete human being is an amalgam of all three and not just a physical mass.

Recent research has conclusively established the role of mind and the spirit in all healing process. The science of Yoga and Meditation now plays a crucial role in all therapies which involves creating wellness as opposed to treating sickness.

All who are interested in weight loss, fitness, anti ageing and general good health must address the following questions:

- What are my health goals? Is it treating sickness or working towards wellness?
- Do I require all these unhealthy fast foods and snacks which give immediate gratification but long term pain?
- Am I in rhythm with nature which is doing simple things like early to bed and early to rise, less automation and more physical work and activities, relaxing when the body sends out signals of stress and tiredness, maintaining cleanliness and avoiding all modern mores which prevents the body from recouping and rebuilding?
- Do we want our children to be brought up as couch potatoes leading moronic and violent lives and growing into mentally and physically unhealthy adults creating an unbalanced society?

If the answer to all these questions is a big NO then we must begin the process now or it would be too late for all of us and the global society which is mindlessly adding up junk in every aspect in the name of growth and progress.

We must begin a process of a total lifestyle change which is natural, holistic and healthy.

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The Magic of Ganoderma in Health & Healing

Ganoderma 'The King of Herbs' has always been shrouded in mystery and secrecy. With a history dating back to 3000 years and part of the Chinese pharmacopoeia, described as the Celestial Herb due to absence of any side effects irrespective of dosage and long term usage.

This was the cure all for any and every illness in the medical practices of the orient. It was also widely consumed for anti ageing and perhaps is the secret of oriental health and longevity.

Modern science has now identified 252 active ingredients having medicinal properties. To put it simply taking ganoderma on a daily basis helps detoxify the body, rejuvenate the cells, balancing the functions of various organs and remove disorders. It helps to remove stress and due to this property alone it is effective in preventing disease. It's also effective in building up body immune systems helping to avoid illnesses and viral related problems.

It is a hemocatharsis, detoxificant, diuretic, liver protector, intestine regulator, cardio tonic, blood pressure adjuster, a cold tonic, antitussive and expectorant, a tranquilizer and anti tumor agent. It can promote metabolism, prevent tissue degeneration, improve body's immune system and eliminate viruses. To see more resources on Ganoderma or Reishi as it is known in Japanese visit <http://globalhealthnetwork.tripod.com>

Few countries and companies in the world have been able to produce ganoderma due to special nature and conditions required for its growth. In earlier times it used to grow only on old trees and logs in the humid jungles. Only in 3-4 trees out of 10,000 trees provided the right condition for its growth. So one can imagine the rarity of this herb.

Now research has created the right blend of atmosphere and conditions for its growth. Still success in growing high quality Ganoderma is rare indeed. While growing itself is a high tech and high investment oriented, separation of the over 200 nutrients poses more problems. Extraction of the active components requires high degree of proprietary skills and use of technology. Many of the products available in the market do not conform to the standards required to

obtain the health benefits and one must be very careful about choosing the right product and company.

In this age of stress and stress related disease as well as chemical induced poisoning of bodily systems; no one can afford the luxury of not consuming on a regular basis this unique health promoting Celestial Herb.

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Lingzhi A Miracle Herb

The secret of success is knowing how to deal with your body to maintain peak health condition. The dictum Health is Wealth hold more truth in the modern context than ever before.

While medical science has progressed what one could ever imagine, in treating disorders and disease, the real challenge lies in prevention. Modern medicine has succeeded in treating major disease it has not found a perfect system for prevention of dreaded diseases like cancer and HIV.

The answer lies in looking to a system which is natural sustainable and adaptable for all conditions and all body systems.

This has now led to extensive research in Herbs as the primary preventive source and healthy herbal and organic food products now take the lead in preventive systems.

The king of Herbs as it is known in China and Celestial Herb in Japan is Ganoderma. It is also known as Lingzhi in China and Reishi in Japan.

Lingzhi is now widely researched across the globe by many universities and research institutions and sterling work has been done by China and Japan.

Revered for thousands of years and shrouded in mystery, Lingzhi however was difficult to grow. After much research in 1970 a breakthrough was achieved in commercial cultivation. Still it remains rare and cultivated in few countries like China, Japan, Malaysia and Korea to name a few.

DXN a company from Malaysia remains in the forefront of bringing the benefits of the Lingzhi to the common man. More details at <http://globalhealthnetwork.tripod.com>

The Miraculous Effects of Ganoderma

Research is still going on and scientists have discovered 252 active components beneficial and essential to the human body. It is an adaptogen which brings immense benefits to human body without any side effect.

Analysis and experiments done by various universities and pharmaceutical manufacturers have attested to its being a hemocatharsis, detoxificant, diuretic, liver protector, intestine regulator, cardiogenic, blood pressure adjuster, a cold tonic, expectorant, a tranquilizer and inhibits tumour and cancerous growth.

What is the Healing Principle of Ganoderma?

Many clinical trials and experiments by doctors, especially Dr. Shigeru Yuji's experiments has established the reasons Ganoderma is effective because of its basic functions

- Lowers cholesterol in the blood and the amount of free fat
- Reduces blood sugar levels and helps pancreatic functions
- Lowers blood lipids and stabilizes red cell membrane
- Improves the function of the cortex of the adrenal glands to maintain endocrine balance
- Elevates the natural healing ability of the body, allows the body to establish strong immune system
- Prevents tissue cell degeneration
- Prevents senility, maintaining a youthful constitution
- Lowers the side effects of antihypertensive drugs
- Prevents organ degeneration
- Prevents allergy caused by antigens, because it inhibits the histamine release by mast cells
- Relieves pain caused by cancer

While plenty of medical terminology is used to describe various effects on the body, we have avoided such references as the article is not meant as a medical prescription but mainly for use by the common man as an effective health giving food supplement.

Main Health Giving Components

While the Lingzhi mushrooms are said to contain 252 active medicinal compounds, the two main components are:

1. Germanium: Germanium can promote blood circulation, can increase oxygen absorbing capability of the body and keep sufficient oxygen in the body, improve metabolism and prevent functional degeneration. Based on research germanium is the major component of Lingzhi. The germanium contained in Lingzhi is 4-6 times more than ginseng.

2. Poly-saccharides: The poly saccharides can increase antibody count which strengthens immunity. Poly saccharides are the most active health enhancing ingredient for the body.

No wonder the Lingzhi mushrooms are called the 'Celestial Herb' by the Japanese for its health giving properties. Modern science and cultivation methods have made this difficult to grow herb available for the past decade or two for everyone to derive the benefits.

While there are thousands of research papers available on the medicinal aspects of the Lingzhi this article primarily is to highlight the health giving aspects of this wonderful herbal remedy for ills of the modern living like stress, pollution and imbalances in food habits.

Ganoderma based products available With DXN (May vary in each country)

Reishi Gano – RG

RG is Ayurvedic preparation to keep the body healthy and to enhance longevity. Scans the body, cleanses toxins, enhances immunity and normalizes/balances body functions. Provides symptomatic relief from various disorders. Helps the body to function at its optimum level. The world's most natural anti aging program.

Ganocelium – GL

GL is an Ayurvedic preparation to keep the body healthy and to enhance longevity.

Enhances immunity and normalizes/balances body functions. Provides symptomatic relief from various Disorders.

Supplementation of GL can effectively help in

- ***Rebuilding process***
- ***Improving total body functions***
- ***Improving blood circulation***

Lingzhi Beverage Range

DXN Lingzhi beverage is specially blended with coffee beans of the finest quality and Ganoderma extract with varying proportions of creamer and sugar. It is available in three different compositions to suit everyone's need. Take a break and enjoy this refreshing coffee flavored beverage. DXN Lingzhi has only 4 % caffeine as against up to 45 % for other regular coffee available in the market.

Lingzhi 3-in-1

(Blended with coffee beans, Ganoderma extract, Sugar and creamer)

DXN Lingzhi 3-in-1 is sure to be your everyday coffee-break beverage. Work pressure and hectic lifestyles make people stressful easily. Take a moment and relax with a cup of this unique-tasting health beverage.

Lingzhi 2-in-1

(Blended with coffee beans, Ganoderma extract and sugar without milk/creamer)

DXN Lingzhi 2-in-1 is a low-fat beverage with immune boosting and anti-oxidant properties. It dissolves easily to produce

A strong aroma of coffee that freshen you thoroughly.

Lingzhi Black Coffee 2-in-1

(Blended with instant coffee and Ganoderma extract without sugar and milk/creamer)

DXN Lingzhi 2-in-1 Black coffee gives you the satisfying taste of real coffee. It is perfectly suited for the health conscious people. The most ideal beverage for serving the guests.

Cocozhi

Cocozhi is formulated with Ganoderma extract and the finest cocoa. Cocozhi is an instant powder with chocolate taste and mild vanilla flavor. It offers the health and brain development benefit with an excellent cocoa aroma. Can be served chilled or hot as per taste. While good for children is suitable for the whole family.

Morinzhi

Morinzhi is specially formulated from Morinda Citrifolia which is commonly found in the tropics and also known as Noni. As per research reports, Morinda Citrifolia is rich in anti-oxidants. It improves the immune system and reduces the risk of cancer.

Ganozhi Toothpaste

DXN Ganozhi toothpaste contains high quality Ganoderma, food gel, menthol and food flavoring. It does not contain fluoride, saccharin and artificial coloring.

It cleanses your tooth, leaves your mouth fresh with a pleasant smell and makes your teeth brighter and gums healthier. Due to high quality of ganoderma and having no chemical ingredients it can also be used as an excellent first aid for small cuts and burns as well as used as a face pack, as an anti aging skin care treatment leaving your skin fresh and bright.

Ganozhi Soap

Ganozhi Soap is specially formulated and enriched with Ganoderma extract in palm oil. It is rich in Vitamin E and anti-oxidants. It gently cleans the skin while preserving its natural oil without damaging the skin structure. It gives your skin a soft and silky feeling and keeps it always young.

Gano Message Oil

The Gano message oil contains the finest Ganoderma extract in palm oil suited for every message need. It is all natural and rich in anti-oxidants to protect the skin from ageing and damages. Best for all skin types and for all ages and perfect anti aging massaging oil. For a revolutionary way to perk up every massage encounter, use Gano Massage Oil.

DXN Ganozhi Shampoo

The Ganozhi Shampoo is a mild and gentle formulation with a perfect pH balance. Ideally suited for all types of hair. It is enriched with Ganoderma extract and Vitamin B5. DXN Ganozhi Shampoo makes your hair manageable, silky, soft, smooth, fragrant and shining all day.

Begin your journey to good health, anti-ageing, low stress and high energy order your favorite Ganoderma products right away. You can order through me or become a direct member through me and enjoy good health and perhaps earn a part time income as well. Ask me right away on how to achieve both Health and Wealth.

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Final Notes

About my work and services:

- The most widely known thing I do is publish two FREE fortnightly newsletters, 'Born to Win' & 'Home Business'. Anyone can subscribe by visiting my website at: <http://borntowinforum.tripod.com> and <http://home-businessleaders.tripod.com>
- I write promotional articles and viral ebooks which you can use as a free give away to your customers with your website and email links to promote your business. I can also place articles on your subjects with your website links in websites and content syndication portals across the world to promote your business.
- I am a certified trainer from City & Guilds, London and conduct training programs on Personal & Managerial Effectiveness, home business and internet marketing. My trainings are experiential with lots of activities and designed for effective learning transfer. To have me speak to your group or function, contact me at: indiaventurelinks@yahoo.co.in
- I am also a proponent of home-business and actively involved in the network marketing industry, train network marketing people, bring out an ezine on home business and an internet marketing enthusiast. Please check out my Home Business Resources blog at www.home-businessresources.blogspot.com you will find tons of resources on developing your home business online and offline. While on the home-business you can check out this legal global opportunity at <http://globalhealthnetwork.tripod.com>

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